

Advice, How-To and Miscellaneous

HARDCOVER

- 1 **CESAR'S WAY**, by Cesar Millan with Melissa Jo Peltier. (Harmony, \$24.95.) The star of the television show "Dog Whisperer" offers insight into canine psychology and help solving problems. 12
- 2 **THE ALPHABET OF MANLINESS**, by Maddox. (Citadel, \$15.95.) Ribald humor for men, based on the author's Web site. 5
- 3 **ULTRAMETABOLISM**, by Mark Hyman. (Scribner, \$25.) A weight-loss plan based around eating foods that help burn fat. 3
- 4 **YOUR BEST LIFE NOW**, by Joel Osteen. (Warner Faith, \$19.99.) A faith-based approach to living with enthusiasm. (†) 79
- 5 **THE PURPOSE-DRIVEN LIFE**, by Rick Warren. (Zondervan, \$19.99.) The meaning of life through God. (†) 178

PAPERBACK

- 1 **BOB GREENE'S TOTAL BODY MAKEOVER**, by Bob Greene. (Simon & Schuster, \$14.) A program of exercise and nutrition. 1
- 2 **RICH DAD, POOR DAD**, by Robert T. Kiyosaki with Sharon L. Lechter. (Warner, \$16.95.) Teaching one's children how to get rich and stay rich. (†) 284
- 3 **WHAT TO EXPECT WHEN YOU'RE EXPECTING**, by Heidi Murkoff, Arlene Eisenberg and Sandee Hathaway. (Workman, \$13.95.) Advice for parents-to-be. (†) 271
- 4 **THE SOUTH BEACH DIET**, by Arthur Agatston. (St. Martin's, \$14.95 and \$7.99.) A weight-loss plan devised by a Miami cardiologist. 54
- 5 **EXPRESS LANE MEALS**, by Rachael Ray. (Clarkson Potter, \$18.95.) Quick and easy recipes, and what ingredients to shop for. 10

Advice, How-To and Miscellaneous Expanded List

HARDCOVER

- 6 **YOU: THE OWNER'S MANUAL**, by Michael F. Roizen and Mehmet C. Oz. (HarperResource)
- 7 **THE SONOMA DIET**, by Connie Guttersen (Meredith)
- 8 **LIES AT THE ALTAR**, by Robin L. Smith (Hyperion)
- 9 **MORE NATURAL CURES REVEALED**, by Kevin Trudeau. (Alliance Publishing Group)
- 10 **SUCCEED ON YOUR WON TERMS**, by Herb Greenberg and Patrick Sweeney (Mc-Graw Hill)
- 11 **LOOK GREAT, FEEL GREAT**, by Joyce Meyer (Warner Faith)
- 12 **NOW, DISCOVER YOUR STRENGTHS**, by Marcus Buckingham and Donald O.Clifton (Free Press)
- 13 **REAL MONEY**, by James J. Cramer. (Simon & Schuster)
- 14 **LETTERS TO A YOUNG BROTHER**, by Hill Harper (Gotham)
- 15 **NATURAL CURES "THEY" DON'T WANT YOU TO KNOW ABOUT**, by Kevin Trudeau. (Alliance Publishing Group)

PAPERBACK

- 6 **365: NO REPEATS**, by Rachael Ray (Clarkson Potter)
- 7 **1,000 PLACES TO SEE BEFORE YOU DIE**, by Patricia Schultz (Workman)
- 8 **THE FAT SMASH DIET**, by Ian K. Smith (St. Martin's Griffin)
- 9 **THE SEVEN HABITS OF HIGHLY EFFECTIVE PEOPLE**, by Stephen R. Covey (Free Press)
- 10 **THE FOUR AGREEMENTS**, by Don Miguel Ruiz (Amber-Allen)
- 11 **THE FIVE LOVE LANGUAGES**, by Gary Chapman (Northfield)
- 12 **WHY DO MEN HAVE NIPPLES?**, by Mark Leyner and Billy Goldberg (Three Rivers)
- 13 **THE ACCIDENTAL HOUSEWIFE**, by Julie Edelman (Ballantine)
- 14 **SOUL MIND BODY MEDICINE**, by Zhi Gang Sha (New World Library)
- 15 **THE AUTOMATIC MILLIONAIRE**, by David Bach (Broadway)

Rankings reflect sales, for the week ended June 24, at almost 4,000 bookstores plus wholesalers serving 60,000 other retailers (gift shops, department stores, newsstands, supermarkets), statistically weighted to represent all such outlets nationwide. An asterisk (*) indicates that a book's sales are barely distinguishable from those of the book above. A dagger (†) indicates that some bookstores report receiving bulk orders. Expanded rankings are available at The New York Times on the Web: nytimes.com/books.