

# Advice, How-To and Miscellaneous

This Week	HARDCOVER	Weeks On List
1	<b>MASTERING THE ART OF FRENCH COOKING, VOL. 1</b> , by Julia Child, Simone Beck and Louisette Bertholle. (Knopf, \$40.) A reissue of the book that started Julia Child's career.	1 15
2	<b>THE HAPPINESS PROJECT</b> , by Gretchen Rubin. (Harper/HarperCollins, \$25.99.) A year spent focusing on the things that really matter.	1
3	<b>THE 4-HOUR WORKWEEK</b> , by Timothy Ferriss. (Crown, \$22.) Reconstructing your life so that it's not all about work.	7 58
4*	<b>IT'S YOUR TIME</b> , by Joel Osteen. (Free Press, \$25.) Prayers, stories and tools for moving forward in Christian faith.	3 9
5	<b>THE PIONEER WOMAN COOKS</b> , by Ree Drummond. (Morrow/HarperCollins, \$27.50.) Cowboy-tested recipes from the proprietor of ThePioneerWoman.com.(†)	4 10
6*	<b>GUINNESS WORLD RECORDS 2010</b> , edited by Craig Glenday. (Guinness, \$28.95.) Tallest, fastest, youngest, most.	2 16
7	<b>MASTER YOUR METABOLISM</b> , by Jillian Michaels with Mariska van Aalst. (Crown, \$26.) A weight-loss plan by a trainer from "The Biggest Loser" on NBC.	26
8*	<b>ACT LIKE A LADY, THINK LIKE A MAN</b> , by Steve Harvey with Denene Millner. (Amistad/HarperCollins, \$23.99.) Tips on relationships from the comedian and host of "The Steve Harvey Morning Show."	6 46
9	<b>KNOCKOUT</b> , by Suzanne Somers. (Crown, \$25.99.) Advice and interviews with doctors offering innovative cancer treatments.	6
10	<b>THE TOTAL MONEY MAKEOVER</b> , by Dave Ramsey. (Nelson, \$24.99.) Attaining financial fitness with an honest approach to the way you handle money.	23

## HARDCOVER EXTENDED

11	<b>THE SECRET</b> , by Rhonda Byrne. (Atria/Beyond Words)
12	<b>FLAT BELLY DIET! COOKBOOK</b> , by Liz Vaccariello with Cynthia Sass. (Rodale)
13	<b>THE LAST LECTURE</b> , by Randy Pausch with Jeffrey Zaslow. (Hyperion)
14	<b>THE FIFTH AGREEMENT</b> , by Don Miguel Ruiz and Don Jose Ruiz with Janet Mills. (Amber-Allen)
15	<b>FLAT BELLY DIET! FOR MEN</b> , by Liz Vaccariello with D. Milton Stokes. (Rodale)

This Week	PAPERBACK	Weeks On List
1	<b>FLAT BELLY DIET!</b> , by Liz Vaccariello and Cynthia Sass. (Rodale, \$15.99.) Nutrition advice and workout tips from the editors of Prevention magazine.	1
2	<b>FOOD RULES</b> , by Michael Pollan. (Penguin, \$11.) A manual for healthy eating, from the author of "The Omnivore's Dilemma."	1
3	<b>START OVER, FINISH RICH</b> , by David Bach. (Broadway, \$9.99.) Getting back on financial track in 2010.	1
4	<b>WHAT TO EXPECT WHEN YOU'RE EXPECTING</b> , by Heidi Murkoff and Sharon Mazel. (Workman, \$14.95.) Advice for parents-to-be.(†)	441
5	<b>SKINNY BITCH</b> , by Rory Freedman and Kim Barnouin. (Running Press, \$13.95.) Vegan diet advice from the world of modeling.	127
6	<b>THE FIVE LOVE LANGUAGES</b> , by Gary Chapman. (Northfield, \$13.99.) How to communicate love in a way a spouse will understand.	6 127
7	<b>THE LOVE DARE</b> , by Stephen and Alex Kendrick with Lawrence Kimbrough. (B&H, \$14.99.) A 40-day challenge for spouses who want to practice unconditional love.(†)	5 67
8	<b>NEW MOON</b> , by Mark Cotta Vaz. (Little, Brown, \$18.99.) The illustrated companion to the movie based on the second book in Stephenie Meyer's Twilight vampire romance series.	2 13
9	<b>MORE DINERS, DRIVE-INS AND DIVES</b> , by Guy Fieri with Ann Volkwein. (Morrow/HarperCollins, \$19.99.) Another culinary road trip across America, with recipes.	1 9
10	<b>THE SKINNYGIRL DISH</b> , by Bethenny Frankel with Eve Adamson. (Fireside/Simon & Schuster, \$16.) Easy recipes for a naturally thin life.	1

## PAPERBACK EXTENDED

11	<b>JULIA'S KITCHEN WISDOM</b> , by Julia Child. (Knopf)
12	<b>THE PURPOSE-DRIVEN LIFE</b> , by Rick Warren. (Zondervan)
13	<b>RACHAEL RAY'S BOOK OF 10</b> , by Rachael Ray. (Clarkson Potter)
14	<b>AVATAR</b> , by Maria Wilhelm and Dirk Mathison. (It)
15	<b>THE POWER OF NOW</b> , by Eckhart Tolle. (New World Library)

Rankings reflect sales, for the week ending Jan. 2, at many thousands of venues where a wide range of general interest books are sold nationwide. These include hundreds of independent book retailers (statistically weighted to represent all such outlets); national, regional and local chains; online and multimedia entertainment retailers; university, gift, supermarket, discount department stores and newsstands. An asterisk (\*) indicates that a book's sales are barely distinguishable from those of the book above. A dagger (†) indicates that some bookstores report receiving bulk orders. Among those categories not actively tracked are: perennial sellers; required classroom reading; text, reference and test preparation guides; journals and workbooks; calorie counters; shopping guides; comics and crossword puzzles. Expanded rankings are available on the Web: nytimes.com/books.